## SHORT-TERM CRISIS INTERVENTION

DATE & TIME: March 6, 2012 9:00 AM - 4:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: **DMH Headquarters** 

550 S Vermont Avenue, 2<sup>nd</sup> Floor Conference Room

Los Angeles, CA 90020

PARKING: Please park at 523 Shatto Place. Parking is free.

The current economic crisis has resulted in increasing numbers of distressed individuals and families seeking mental health assistance. In response to the rising demand for services, Department of Mental Health staff will learn components of the crisis intervention model, and specific interventions, such as how to formulate a crisis plan. They will also learn about the types of losses that occur during a crisis, and how to apply this model to individuals, couples, and families.

TARGET AUDIENCE: DMH staff

**OBJECTIVES:** As a result of attending this training, participants

should be able to:

1. Define crisis intervention.

2. Describe three different types of losses that occur during a crisis.

3. Implement specific crisis intervention techniques.

4. Apply the crisis intervention model to individuals, couples and families.

5. Utilize an individual's strengths to cope with a

6. Describe how individuals in diverse cultures may

respond to crisis.

**CONDUCTED BY:** Nancy Kirshenberg, LCSW, Didi Hirsch

**COORDINATED BY: Janice Friend, Training Coordinator** 

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http://dmh.lacounty.gov/training&workforce.html

When enrollment reaches class capacity **DEADLINE:** 

CONTINUING

6 CE's for BBS, BRN, CAADAC, and BOP **EDUCATION:** 

COST: None

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